

Contents

Introduction	4
1 Planning and preparation	5
A circuit with many options	6
How long will it take?	7
Time of year and weather	8
Terrain and gradients	9
Accommodation and facilities	10
Getting there and away	11
Navigation, waymarking and experience	12
Responsible walking and dogs	13
Safety and road walking	14
Water, phones and toilets	15
Local features and placenames	15
Packing checklist	16
2 Background information	
2-1 Nidderdale, the River Nidd and its reservoirs	17
2-2 Minerals and textiles in Nidderdale	19
2-3 Monasteries and Methodism	21
2-3 Habitats and wildlife	22
3 The Way in detail	
Pateley Bridge	25
3-1 Pateley Bridge to Middlesmoor	26
3-2 Middlesmoor to Bewerley	37
3-3 Bewerley to Ripley	45
3-4 Ripley to Pateley Bridge	53
4 Link routes	
4-1 Ripon to Ripley	61
4-2 Knaresborough to Ripley	66
5 Reference	
Development of the Nidderdale Way	70
Further reading, websites, transport and weather	70
Support services, maps, GPS and credits	71
Index	72