

The Ridgeway: contents

Introduction	4
1 Planning and preparation	
Which direction?	5
Hike or bike?	6
What is the best time of year?	6
Stages and timing	6
Accommodation and facilities	7
Terrain and gradients	9
Waymarking	10
Getting there and away	12
Cycling and horse-riding	13
Dogs, cows, and the Countryside Code	13
Roads, railways and safety	14
Packing checklist	15
2 Background information	
2-1 Landscape and its impact	16
2-2 History	18
2-3 Habitats and wildlife	20
2-4 Avebury: stone circles and nearby sites	24
3 The route in detail (west to east)	
3-1 Overton Hill to Ogbourne St George	29
3-2 Ogbourne St George to Sparsholt Firs	34
3-3 Sparsholt Firs to Streatley	39
3-4 Streatley to Watlington	44
3-5 Watlington to Wendover	49
3-6 Wendover to Ivinghoe Beacon	54
4 Route variations	58
5 Reference	
Ridgeway websites, Friends and drinking water	61
Toilets, access and parking, transport and weather	62
Maps, acknowledgements and credits	63
Index	64