

The Kerry Way: contents

Introduction	4
1 Planning to walk the Way	5
Elevation, pace and waymarking	6
Route changes 2005–2010	7
Weather and safety	8
How long will it take?	9
Travel planning	10
What is the best time of year?	10
Responsible walking	11
Dogs	11
Accommodation	12
Packing checklist	13
New to long-distance walking?	14
2 Background information	
2-1 Geology and scenery	15
2-2 Carrauntoohil	17
2-3 Habitats and wildlife	19
3 The Way in detail	
3-1 Killarney to Black Valley	23
3-2 Black Valley to Glencar	28
3-3 Glencar to Glenbeigh	32
3-4 Glenbeigh to Cahersiveen	35
3-5 Cahersiveen to Waterville	40
3-6a Waterville to Caherdaniel – coastal	44
3-6b Waterville to Caherdaniel – inland	47
3-7 Caherdaniel to Sneem	51
3-8 Sneem to Kenmare	54
3-9 Kenmare to Killarney	59
4 Reference	
Contact details	62
Maps and further reading	63
Index	64