



## 3·4 Dingle to Dunquin (Dún Chaoin)

- Map** panel 3
- Distance** 20 km (12 miles)
- Terrain** undulating roads to Ventry, then beach walking; vehicle tracks and boreens across shoulder of Mount Eagle; main road past Slea Head and minor road into Dunquin
- Grade** minor climb to reach Ventry, some stiff climbing around the shoulder of Mount Eagle, with gentler gradients thereafter (total ascent 370 m)
- Food and drink** Dingle, Ventry, Slea Head (café), Dunquin (various)
- Side-trips** Mount Eagle, Great Blasket Centre (see page 44)
- Summary** from tranquil Ventry, a fine beach walk leads up to a varied traverse of the shoulder of Mount Eagle, with magnificent views of the dramatic coastline



*Dunmore Head with Coumeenole beach in foreground*

